PARENT AND CHILD(REN) RELEASE, WAIVER AND INDEMNIFICATION OF CLAIMS FOR USE OF THE SCHOOL DISTRICT'S FITNESS CENTER

We, the undersigned, have read this release and understand all its terms. We execute it voluntarily and with full knowledge of its significance. WE UNDERSTAND THAT IT CONTAINS A RELEASE OF LIABILITY AND AN INDEMNIFICATION.

Release, Waiver and Indemnification. In consideration of permission granted by Pawnee City Public Schools (the "School District") to use the School District's fitness center, we hereby release the School District, its board of education, officers, agents and employees from all actions, causes of action, damages, claims or demands that we, our heirs, executors, administrators, or assigns may have against the school district and the parties named above for all personal injuries which we or our child incurs by using the fitness center and its equipment, whether such injuries are caused by our negligence, our child's negligence, or the negligence of the School District or any of its employees, representatives, or volunteers. As our child is a minor, we agree to indemnify the School District, its board of education, officers, agents, and employees and to pay for any costs, attorney fees, or awards that may result from resisting any complaint or lawsuit which our child may bring against the above-named parties for any injury our child claims to have suffered.

Acknowledgment of Risks. We understand the risks associated with weight lifting in the fitness center and other fitness activities, and that those risks include, but are not limited to, the possibility of muscle strain, broken bones, back injury or head injury, which may be severe in nature and which could result in paralysis or death. We voluntarily assume all such risks on behalf of ourselves individually and on behalf of our family members.

Responsibility for Supervision. We understand that the fitness center will be available to us only during hours designated by the administration when school is not in session, and that we are responsible for being present and supervising our child's use of the fitness center and equipment at all times or for making arrangements with another responsible adult to provide the required supervision. We, or our delegate, will inspect the facilities and equipment of the fitness center upon each visit before using any equipment.

Compliance With Rules. We agree to abide by all School District rules now in force or that may be adopted in the future, and all directives given to us pertaining to the use of the fitness center.

THIS DOCUMENT CONTAINS A RELEASE, A WAIVER AND AN INDEMNIFICATION. READ IT CAREFULLY BEFORE SIGNING IT.

Clearly PRINT the following information:

Child's Name:	Child's Birthdate:
Father's Name :	
Mother's Name:	
Father's Signature:	Date:
Mother's Signature:	Date:
Child's Signature:	Date:

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